

# SCHOOL MENU - Balanced, nutritious and freshly prepared tasty meals

Week 1

## MONDAY

### MAINS

Pork & Carrot Meatballs  
in a Freshly made  
Tomato Sauce *(with penne  
pasta)*

Mac 'n' Cheese (v)

All served with,  
Broccoli & Sweetcorn

### DESSERT

Chocolate or Vanilla  
Muffin, Fruit Salad  
or Yoghurt

## TUESDAY

### MAINS

Selection of Fish

Vegetable Bake (v)

All served with Garlic  
& Herb Wedges, Peas  
& Baked Beans

### DESSERT

Cheese & Crackers,  
Vanilla Ice-cream,  
Fruit Salad or  
Yoghurt

## WEDNESDAY

### MAINS

Roast Beef with  
Yorkshire Pudding  
& Gravy

Quorn Vegan Sausage  
in a Yorkshire Pudding  
with Gravy (v)

All served with Roast  
Potatoes & Mash,  
Carrots, Broccoli &  
Cauliflower

### DESSERT

Selection of Cookies or  
Cake, Fruit Salad  
or Yoghurt

## THURSDAY

### MAINS

Breaded Chicken  
Breast Steak *(with sweet &  
sour sauce)*

Selection of Vegetarian  
Wraps (v) *(tuna, cheese &  
egg)*

All served with Green  
Beans & Sweetcorn

### DESSERT

Toffee Cake, Fruit  
Salad or Yoghurt

## FRIDAY

### MAINS

Pizza (v)  
*(with a selection of toppings  
& chips)*

All served with  
Baked Beans  
& Peas

### DESSERT

'Fruity  
Friday'

**Available Daily:** Freshly-made bread & selection of salads.

**Fruity Friday:** A selection of fruit platter, fruit salad, fruit jelly, yoghurt & mango sorbet

### Food Allergen & Intolerance Information

Before ordering speak to our staff about your requirements.



# SCHOOL MENU - Balanced, nutritious and freshly prepared tasty meals

Week 2

## MONDAY

### MAINS

Beef Bolognese  
*(with pasta)*

Mac 'n' Cheese (v)

Served with  
Sweetcorn & Peas

### DESSERT

Apple Crumble &  
Custard, Chocolate  
& Vanilla Mousse,  
Fruit Salad or  
Yoghurt

## TUESDAY

### MAINS

Pork Sausages

Quorn Vegan  
Sausage (v)

All served with  
Chips or Jacket  
Potato, Baked  
Beans & Broccoli

### DESSERT

Cheese & Crackers,  
Vanilla Ice-cream  
*(with toffee sauce)* Fruit  
Salad or Yoghurt

## WEDNESDAY

### MAINS

Roast Chicken  
& Gravy

Roasted Quorn  
Fillet (v)

All served with Roast  
Potatoes & Mash,  
Carrots, Cabbage  
& Leek & Sweet  
Potato Bake

### DESSERT

Selection of Cookies  
or Cake, Fruit Salad  
or Yoghurt

## THURSDAY

### MAINS

Selection of Fish

Vegetable Bake (v)

All served with Baby  
Potatoes, Baked  
Beans & Peas

### DESSERT

Chocolate Sponge  
& Chocolate Sauce,  
Fruit Salad or Yoghurt

## FRIDAY

### MAINS

Pizza (v)  
*(with a selection of toppings  
& chips)*

All served with  
Sweetcorn & Green  
Beans

### DESSERT

'Fruity  
Friday'

**Available Daily:** Freshly-made bread & selection of salads.

**Fruity Friday:** A selection of fruit platter, fruit salad, fruit jelly, yoghurt & mango sorbet

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# SCHOOL MENU - Balanced, nutritious and freshly prepared tasty meals

Week 3

## MONDAY

### MAINS

Beef Burger  
*(served in a bun with a selection of fillings: onion, cheese & ketchup)*

Mac 'n' Cheese (v)

All served with Baked Beans & Sweetcorn

### DESSERT

Chocolate & Vanilla Cupcakes, Strawberry Mousse, Fruit Salad or Yoghurt

## TUESDAY

### MAINS

Chicken Tikka Masala  
*(with brown & white rice & naan bread)*

Cheese & Onion Quiche (v)

All served with Green Beans & Carrots

### DESSERT

Mini Doughnuts, Fruit Salad or Yoghurt

## WEDNESDAY

### MAINS

Roast Pork with Apple Sauce & Gravy

Roast Quorn Fillet & Gravy (v)

All served with Roast Potatoes & Mash, Carrots, Broccoli & Cauliflower Cheese

### DESSERT

Selection of Cookies  
Cheese & Crackers,  
Fruit Salad or  
Yoghurt

## THURSDAY

### MAINS

Selection of Fish

Vegetable Bake (v)

All served with Chips or Noodles, Peas & Baked Beans

### DESSERT

Ginger & Orange Sponge & Custard  
Fruit Salad or Yoghurt

## FRIDAY

### MAINS

Pizza (v)  
*(with a selection of toppings & jacket wedges)*

Served with Sweetcorn & Baked Beans

### DESSERT

'Fruity Friday'

**Available Daily:** Freshly-made bread & selection of salads.

**Fruity Friday:** A selection of fruit platter, fruit salad, fruit jelly, yoghurt & mango sorbet

### Food Allergen & Intolerance Information

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